

Promises of the Spirit – Francis Chan

In his book **Forgotten God** Francis Chan outlines 10 promises that Scripture says the Spirit is accomplishing in our life... that we should periodically contemplate and meditate upon:

1. The Spirit helps us speak when we are in precarious situations and need to bear witness.

Mk 13:11 Whenever you are arrested and brought to trial, do not worry beforehand about what to say. Just say whatever is given you at the time, for it is not you speaking, but the Holy Spirit
Lk 12:11 “When you are brought before synagogues, rulers and authorities, do not worry about how you will defend yourselves or what you will say,
Lk 12:12 for the Holy Spirit will teach you at that time what you should say.”

2. Reminds us of what we need to know and remember. He is our comforter, our advisor, our encourager, and our strength. He guides us in the way we should go.

Ac 9:31 Then the church throughout Judea, Galilee and Samaria enjoyed a time of peace. It was strengthened; and encouraged by the Holy Spirit, it grew in numbers, living in the fear of the Lord.
Ac 13:2 While they were worshiping the Lord and fasting, the Holy Spirit said, “Set apart for me Barnabas and Saul for the work to which I have called them.”
Ac 15:28 It seemed good to the Holy Spirit and to us not to burden you with anything beyond the following requirements:
1Co 2:9 However, as it is written: “No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love him”—
1Co 2:10 but God has revealed it to us by his Spirit. The Spirit searches all things, even the deep things of God.
1Co 2:11 For who among men knows the thoughts of a man except the man’s spirit within him? In the same way no one knows the thoughts of God except the Spirit of God.
1Co 2:12 We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us.

3. Through the Spirit we receive power to be God’s witnesses to the ends of the earth. It is the Spirit who draws people to the Gospel, the Spirit who equips us with the strength we need to accomplish God’s purposes. The Spirit not only initially draws people to God, He also draws believers closer to Jesus.

Ac 1:8 But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”
Ro 8:26 In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.
Ro 8:27 And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God’s will.
Eph 3:16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,
Eph 3:17 so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love,
Eph 3:18 may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ,
Eph 3:19 and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

4. By the power of the Spirit we put to death the misdeeds of the body. The Spirit sets us free from the sins we cannot get rid of on our own. This is a lifelong process we entered into in partnership with the Spirit when we first believed.

Ro 8:1 Therefore, there is now no condemnation for those who are in Christ Jesus,
Ro 8:2 because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death.
Ro 8:3 For what the law was powerless to do in that it was weakened by the sinful nature, God did by sending his own Son in the likeness of sinful man to be a sin offering. And so he condemned sin in sinful man,
Ro 8:4 in order that the righteous requirements of the law might be fully met in us, who do not live according to the sinful nature but according to the Spirit.

5. Through the Spirit we have received adoption as children, which leads us into intimacy with God. This has replaced our former state of being based on fear and slavery to sin. The Spirit bears witness to us that we are His children.

Ro 8:12 Therefore, brothers, we have an obligation—but it is not to the sinful nature, to live according to it.

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Ro 8:13 For if you live according to the sinful nature, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live,

Ro 8:14 because those who are led by the Spirit of God are sons of God.

Ro 8:15 For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, “Abba, Father.”

Ro 8:16 The Spirit himself testifies with our spirit that we are God’s children.

Ro 8:17 Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

6. The Spirit convicts people of sin. He does this both before we initially enter into relationship with God and as we journey through this life as believers.

Jn 16:7 But I tell you the truth: It is for your good that I am going away. Unless I go away, the Counselor will not come to you; but if I go, I will send him to you.

Jn 16:8 When he comes, he will convict the world of guilt in regard to sin and righteousness and judgment:

Jn 16:9 in regard to sin, because men do not believe in me;

Jn 16:10 in regard to righteousness, because I am going to the Father, where you can see me no longer;

Jn 16:11 and in regard to judgment, because the prince of this world now stands condemned.

7. The Spirit brings life and freedom. Where the Spirit is there is freedom, not bondage or slavery. In our world that is plagued with sin and death, this is a profound truth that points to real hope.

Ro 8:8 Those controlled by the sinful nature cannot please God.

Ro 8:9 You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ.

Ro 8:10 But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness.

Ro 8:11 And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.

2Co 3:17 Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

2Co 3:18 And we, who with unveiled faces all reflect the Lord’s glory, are being transformed into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit.

8. By the power of the Spirit we abound with hope because our God is a God of hope, who fills His children with all peace and joy.

Ro 15:13 May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

9. As members of God’s Kingdom community, each of us is given a manifestation of the Spirit in our lives for the purpose of the common good. We all have something to offer because the Spirit equips us.

1Co 12:4 There are different kinds of gifts, but the same Spirit.

1Co 12:5 There are different kinds of service, but the same Lord.

1Co 12:6 There are different kinds of working, but the same God works all of them in all men.

1Co 12:7 Now to each one the manifestation of the Spirit is given for the common good.

10. The fruit of being led by the Spirit includes love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. These attitudes and resultant actions will characterize our lives as we allow ourselves to be grown and molded by the Spirit.

2Co 3:17 Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

2Co 3:18 And we, who with unveiled faces all reflect the Lord’s glory, are being transformed into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit.

Gal 5:22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,

Gal 5:23 gentleness and self-control. Against such things there is no law.

Gal 5:24 Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires.

Gal 5:25 Since we live by the Spirit, let us keep in step with the Spirit.